



NOT ALL SEAFOOD IS EQUAL

Choose green. Your decision can make a difference!

- Specially protected species
- Fishery Improvement Projects underway
- Species in the **RED** list with a grey background are illegal to sell in South Africa. Either specially protected or recreational "no sale" species. Never buy these.
- The Marine Stewardship Council (MSC) is an international organisation that promotes sustainability in wild-capture fisheries, by means of a certification program. Products displaying the MSC eco-label are traceable back through the seafood supply chain to the sustainable fishery that caught it. For more info, visit www.msc.org.

GREEN - BEST CHOICE

- Alaskan salmon** *Oncorhynchus sp.*
- Anchovy** *Engraulis encrasicolus*
- Queen Mackerel** *Scomberomus plurilineatus*
- Hake** *Merluccius capensis & M. paradoxus*
- Panga (line caught)** *Pterogymnus lanarus*
- Gurnard (offshore trawl)** *Chelidonichthys spp.*
- Herring** *Clupea harengus*
- Dorado** *Coryphaena hippurus*
- South African Snook** *Thysites atun*
- Santler (soldier)** *Cheimerius nufar*
- Yellowtail** *Seriola lalandi*
- West Coast Rock Lobster** *Jasus lalandii*
- South African sardine** *Sardinops sagax*
- Horse Mackerel/Maasbanker** *Trachurus trachurus capensis*
- Calamari (Squid)** *Loligo vulgaris reynaudii*
- Oysters** *Striostrea, Crassostrea sp.*
- Mussels** *Mytilus galloprovincialis*

ORANGE - THINK TWICE

- Swordfish** *Xiphias gladius*
- Houndsharks (line caught)** *Mustelus sp.*
- East Coast Sole** *Austroglossus pectoralis*
- Carpenter (line caught)** *Argyrozona argyrozona*
- Atlantic/Norwegian Salmon** *Salmo salar*
- Monk** *Lophius vomerinus*
- Englishman** *Chrysoblephus anglicus*
- Hake (longline)** *Merluccius capensis & M. paradoxus*
- Prawns** *Haliporoides, Aristeomorpha sp.*
- Slinger** *Chrysoblephus puniceus*
- Red Roman** *Chrysoblephus laticeps*
- Kingkip** *Gemyterus capensis*
- White Stumpnose (line caught)** *Rhabdosargus globiceps*
- Goelbek/Cape Salmon (line caught)** *Atractoscion aequidens*
- Catface Rockcod** *Epinephelus andersoni*
- King Mackerel** *Scomberomus commerson*

RED - DON'T BUY

- Scotsman** *Polysteganus praeorbitalis*
- Red Steenbras** *Petrus rupestris*
- Souplin shark (trawl caught)** *Galeorhinus galeus*
- Natal Stumpnose** *Rhabdosargus sarba*
- Baardman (Belman)** *Umbrina spp.*
- Dageraad** *Chrysoblephus cristicaps*
- Black Musselcracker/Poenskop** *Cymatoceps nular*
- Brindle Bass** *Epinephelus lanceolatus*
- Red Stumpnose/Miss Lucy** *Chrysoblephus gibbiceps*
- Garrick** *Lichia amia*
- White Musselcracker** *Saurodon durbanensis*
- Seventy-four** *Polysteganus undulosus*
- Yellowbelly Rockcod** *Epinephelus marginalis*
- Galjoen** *Dichistius capensis*
- Natal wrasse** *Anchichoerops natalensis*
- Potato Bass** *Epinephelus tukala*
- White Steenbras** *Lithognathus lithognathus*

Some species are **complicated** and fall into **more than one** colour category. Consumers are **encouraged** to ask **questions** about **these species** in particular:

- Albacore Tuna (pale caught only)** *Thunnus alalunga*
- Dusky kob (land based farms)** *Argyrosomus japonicus*

* See www.wwf.org.za/sassi for details!

ALWAYS ASK THE FOLLOWING:
What is it? Where is it from?
How was it caught or farmed?

- Yellowfin Tuna (local longline)** *Thunnus albacares*
- Silver Kob (line caught only)** *Argyrosomus inodorus*

* See www.wwf.org.za/sassi for details!

ALWAYS ASK THE FOLLOWING:
What is it? Where is it from?
How was it caught or farmed?

- Bluefin Tuna (all sources)** *Thunnus thynnus*
- Dusky Kob (trawl caught)** *Argyrosomus japonicus*

* See www.wwf.org.za/sassi for details!

The best choices from the healthiest and most well managed populations.

There are reasons for concern because of depleted populations, high fishing pressure, biological vulnerability and/or severe impacts of the fishery or farm on the environment.

Either illegal to sell in South Africa (specially protected or recreational "no-sale" species) or from unsustainable populations that have either extreme environmental concerns or lack good management. Don't buy these!

SASSI is a collaborative initiative between WWF South Africa, The Department of Agriculture, Forestry and Fisheries, Ezemvelo KwaZulu-Natal Wildlife, Two Oceans Aquarium, TRAFFIC, Sea World at uShaka, the Endangered Wildlife Trust, South African Institute for Aquatic Biodiversity (SAIAB), Sharklife, The South African National Biodiversity Institute (SANBI), Johannesburg Zoo and SANCCOB. It aims to improve the conservation status of overexploited fish and other seafood species through education and awareness.



The Sustainable Fisheries Programme is proudly sponsored by **Pick n Pay**, **The Green Trust**, a partnership between WWF South Africa and **Nedbank**, and the **Charl van der Merwe Fund**.

